



VEIN IN TAKE FORM

Symptoms: (Please check if yes) **R L**

- Pain / Aching in legs
- Heaviness
- Tiredness / Fatigue
- Itching / Burning
- Leg Cramping
- Leg restlessness
- Throbbing / Tingling
- Swelling

Do your symptoms interfere with your sleep?

Do your symptoms interfere with any activities including prolonged walking or standing?

Do your symptoms worsen with or after activity?

Are your symptoms worse at the end of the day?

On a scale of 1 to 10, with 10 being the worst, I consider my vein disease to be:

Slightly bothersome 1 2 3 4 5 6 7 8 9 10 Severely affecting my life

RLS (Restless Leg Syndrome) (Please check box if yes)

Do you find the need to move your legs to relieve an uncomfortable feeling?

Do your legs feel better when moving them or walking?

Do you constantly move or twitch your legs when resting or sitting?

Please check box if you've had any of the following:

Prior evaluation for your veins? Any type of blood clot / clotting disorder?

Previous vein surgery or laser treatment? If so, were you treated with blood thinners Y/ N

Previous vein injections? Family history of vein disease?

Bleeding from a vein? Family history of leg ulceration?

Leg ulceration? Family history of blood clots?

Phlebitis (swollen, red or painful vein)?

How long have you had varicose/spider veins? 0-5 years 6-10 years 10-15 years 15+years

Do any other family members have varicose veins? Yes No Who? _____

Have you ever had a clot in your legs or pulmonary embolus? Yes No When? _____

Do you notice any color change in your skin or around the affected area? Yes No

Do you notice that your feet get swollen at the end of the day? Yes No

Conservative Treatments Used Commonly or Previously: (please check those measures you have tried)

Pain medications or herbal supplements: Yes No

Compression stockings Yes No **If so, how long?** _____

Leg Elevation Yes No

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